

Shine Bright 4e - File 4 Team spirit

Football in the USA, Doc 2 p. 40

It's Friday night in the United States, and all across the country a fall¹ ritual is unfolding². Cheerleaders ready their pompoms. Marching band members warm up their musical instruments. Teenage boys gather in field houses to pull on protective gear³, cinch up⁴ their cleats⁵ and get ready to charge into packed stadiums lit by enormous lights. It's secondary school — or high school — football season, and for many Americans this is the best season of all.

share.america.gov, 2017

1. autumn (US) **2.** happening **3.** equipment **4.** attach **5.** crampons

Is football truly British?, Doc 1 p. 41

Football's unwavering¹ popularity in the UK has lasted for centuries. It may have something to do with the fact that the English invented the sport in 1170 and as any proud Brit will tell you, it is England's national sport! The first football club to be set up² was Sheffield F.C. in 1857. [...] Today, there are over 40,000 registered football clubs in England, almost twice as many as Brazil. Most of the biggest names are in the Premier League and these clubs command legions of supporters from around the world.

reatbritishmag.co.uk

1. inébranlable **2.** established

Junior NBA player's code of conduct, Following the rules

p.42

Remember the Golden Rule

Always treat your teammates, coaches, opponents and officials the way you would like to be treated. That means respect, dignity, and sportsmanship¹ at all times.

Be a Good Sport

Play fair. Be a leader. Set the example. Rise above² poor behavior. Have fun

Practice the Fundamentals

Master the basketball basics. Practice each of the fundamentals – dribbling, shooting, passing, rebounding and defense.

Listen to your Coach

Coaches volunteer their own time to work with your team. Don't waste that time. [...]

Be Patient with Your Teammates

Every player has strengths³ and weaknesses⁴. Be patient with your teammates as they improve their games. [...]

Learn the rules

Read the rule book. You can't claim to "know the game" if you don't know the rules.

Never Question an Official

Officials do not care who wins and they have no favorite players. [...]

Play Hard [...]

Coaches love players who try a little harder on defense, jump a little higher for rebounds, and dive a little more for those loose balls.

jr.nba.com, 2022

1. honesty 2. get over 3. forces 4. faiblesses

Lebron James, p. 44

All your life you are told the things you cannot do.

All your life they will say you're not good enough or strong enough or talented enough.

They will say you're the wrong height¹ or the wrong weight² or the wrong type to play this or be this or achieve this.

THEY WILL TELL YOU NO.

A thousand times no.

Until all the nos become meaningless³.

All your life they will tell you no.

Quite firmly and very quickly.

AND YOU WILL TELL THEM YES

Lebron James's quote used for a Nike advert.

1. taille 2. poids 3. insignifiants

Ellen White, p. 45

1) What's your earliest memory?

I would say playing football in the garden with my brother. [...] I also remember having West Ham¹ wallpaper² as a kid as well, so it pretty much always involved football.

2) What do you like most about yourself?

That is a hard question, isn't it? I think the thing I love most about myself is probably that I am pretty loyal, and I want to put everyone before myself. [...]

3) What makes you most angry?

Someone who isn't loyal, is dishonest or people who are a little bit selfish. [...]

4) Who is your biggest influence?

Growing up, my biggest influence was my mum and dad, brother and sister. [...]

5) How do you react under pressure?

I like pressure. I want to play in big tournaments and big games, and I like that pressure. [...]

6) How would you like to be remembered?

I want to be remembered for being a good person first and foremost³.

Being remembered as an alright footballer would be nice as well.

englandfootball.com, 2022

1. English football club 2. papier peint 3. avant tout

Compréhension de l'écrit, p. 51

Arsenal star Bukayo Saka inspires youngsters as he makes a return to his old school

Arsenal star Bukayo Saka certainly scored with the children of Edward Betham Primary School in Greenford, west London this week. [...] Saka, who inspired the kids [...] said via Twitter: "Special feeling going back to my primary school yesterday. Just a few years ago I was in the same shoes of all the kids who are young with big dreams and I hope my return will remind them to believe they can achieve anything!"

Saka, who has Nigerian heritage, has shone¹ like a beacon for the Gunners² since making his debut for the north London club. [...]

Last summer, Saka was nominated for Freedom of the Borough by Ealing Council leader Peter Mason. [...]

"Everyone in Ealing shares an incredible sense of pride that one of our own represented England at Wembley at Euro 2020. His is a remarkable story of talent and achievement that everyone can take hope, inspiration and encouragement from."

voice-online.co.uk, 2022

1. brillé 2. Arsenal football club